

## **Exam Reminders and Tips**

### **Study and Preparation**

- ★ Have a study timetable - make set times to review subjects, concentrating a bit more time on subjects that you find difficult, but ensuring that you still leave adequate time to prepare for those exams that you feel more confident about.
- ★ Use a suitable study space. You can not study effectively in front of the TV, with loud music going or in an environment that distracts you from what you are trying to learn. Make sure your study space has adequate light, is not too warm or cold. It must be comfortable.
- ★ Leave time for breaks. It is important to STOP and refresh yourself, get some exercise and have some time away from the books. Shorter, focussed study sessions are far better than sitting in front of your revision materials for hours if your attention is wandering. It is also important to eat and sleep well during the exam period.
- ★ ENGAGE with your revision materials. It is not effective to simply read your revision materials. You MUST USE the information you are trying to learn. LEARN BY DOING. This will depend on what works best for you, but it could include;
  - Summarising information into dot points, expanding information back out from dot points.
  - Doing problems in Maths and Science,
  - Writing sample essays and short answers.
  - Preparing wall charts, diagrams and flow charts of key information.

There are many ways to revise, but studies suggest that for people to learn deeply, they must actively engage with the materials and information they are trying to learn.

### **EXAM DAY**

- You must provide your own biros, pencils, eraser and any other specific equipment requested by your subject teacher.
- You can bring a water bottle and a book/novel into the exam room. NO bags, phones, notes etc will be allowed in the exam room.
- Be on time. The exams will start according to the timetable and will not wait for students to arrive at school.

**Students who miss exams due to illness will sit their missed exams on the FRIDAY of exam week.**

